

Programme Outline: Health & Social Care NVQ Lvl 3 (ref 006)

Duration: 6—9 months depending upon learner's availability and commitment

Date(s): At the learner's place of work, dates and times to suit the learner and employer.



Programme Outline and Content:

8 Work Based Units comprising of 4 Core Units and 4 Optional Units. Learner needs to be undertaking a Senior Carer/Supervisor role.

- **Induction** – Explanation of what an NVQ is and how the qualification is achieved. Explanation of the different assessment methods surrounding the NVQ. (If unknown) Completion of Registration & Portfolio Paperwork.
- **1 to 1 Planning session** – Completion of Skill Scan paperwork and choosing of Optional Units. Planning where to start and discussion of 1st unit.. Planning the 1st observation session. Setting of coursework relevant to unit. Discussion of how observation links in with Core Units.
- **1 to 1 Observation session** – Planned Observation carried out and feedback given. Professional Discussion of learner's knowledge behind observation. Further planning towards completion of unit. Support and Advice offered.
- **1 to 1 Discussion session** – Legislation, Policies and Procedures. Looking at evidence for unit and linking to Legislation, Policies and Procedures. Developing knowledge of Legislation, Policies and Procedures from Textbook and Care Standards.
- Professional Discussion to gain further evidence for 1st unit and Feedback for coursework compiled.
- **Planning session** – Planning for next Unit and discussing in detail. Planning next observation. Setting of coursework relevant. Discussion of how observation links with Core Units. Support and Advice offered.
- **1 to 1 Observation session** – Planned Observation carried out and feedback given. Professional Discussion of learner's knowledge behind observation. Further planning towards completion of the unit. Support and Advice offered.
- **1 to 1 Discussion session** – Legislation, Policies and Procedures and linking evidence for the unit to them. Developing knowledge from the Textbook and Care Standards.
- Professional Discussion to gain further evidence for unit. Feedback for coursework compiled. Discussion of how Core units have linked all work up to date. Further Planning towards completion of the units. Support and Advice offered.



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- **1 to 1 Discussion session** – Coursework checked and Feedback given. Planning of observation to show consistency of practise. Planning for rest of Core Units. Discussion of Legislation of a Core Unit involving textbook. Support and Advice offered.
- **1 to 1 Observation session** – Planned observation carried out and feedback given. Linking of Observation to Legislation, Policies and Procedures.
- **Planning session** – Planning to cover the remainder of Core Units. Discussion of legislation for a Core unit involving textbook
- **1 to 1 Discussion session** – Coursework checked and Feedback given. Coursework linked to Policy and Procedures. Discussion on progress and course completion. Further planning for incomplete units.
- **1 to 1 Discussion session** – Coursework checked and Feedback given. Professional Discussion on Knowledge of Practises and Procedures. Feedback on Progress. Planning of final pieces of work needed to complete.
- **1 to 1 session – possible final session.** Checking of gaps in portfolio and completing if necessary. Evaluation of what Learner feels that they have achieved from the NVQ. Award Complete.

Core Units

UNIT 21 Communicate with and complete records for individuals
 UNIT 22 Support the health and safety of yourself and individuals
 UNIT 23 Develop your knowledge and practice
 UNIT 24 Ensure your own actions support the care, protection and well-being of individuals

Optional Units

UNIT 25 Carry out and provide feedback on a specific plan of care activities
 UNIT 26 Support individuals to access and use information
 UNIT 27 Support individuals in their daily living
 UNIT 28 Support individuals to make journeys
 UNIT 29 Support individuals to meet their domestic and personal needs
 UNIT 210 Support individuals to access and participate in recreational activities
 UNIT 211 Support individuals to take part in development activities
 UNIT 212 Support individuals during therapy sessions
 UNIT 213 Provide food and drink for individuals
 UNIT 214 Help individuals to eat and drink
 UNIT 215 Help individuals to keep mobile
 UNIT 216 Help address the physical comfort needs of individuals
 UNIT 217 Provide pressure area care
 UNIT 218 Support individuals with their personal care needs
 UNIT 219 Support individuals to manage continence

UNIT 220 Maintain the feet of individuals who have been assessed as requiring help with general foot care
 UNIT 221 Assist in the administration of medication
 UNIT 222 Support individuals prior to, during and after clinical procedures
 UNIT 223 Contribute to moving and handling individuals
 UNIT 224 Observe, monitor and record the conditions of individuals
 UNIT 225 Support individuals to undertake and monitor their own health care
 UNIT 226 Support individuals who are distressed
 UNIT 227 Contribute to working in collaboration with carers in the caring role
 UNIT 228 Contribute to effective group care
 UNIT 229 Gain access to, and ensure individual's home are secure
 UNIT 230 Manage environments and resources during clinical activities
 UNIT 232 Protect yourself from the risk of violence at work

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Training Approach:

All training sessions (except Induction) are on a 1 to 1 basis with Assessor.

Assessment Approach:

To successfully gain NVQ Level 3 in Health and Social Care, learners must be proved competent in all 8 units and produce a portfolio of evidence.



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